



California's Mental Health Movement

May 23, 2016
11:00 am-1:00 pm

Please join us for this event that will take place in the atrium at 1515 S Street and continue in Kern/Colorado.

- *Inspirational Speaker
- *Informational Booths
 - *Food
 - *Music
- *Photo Booth
- *Raffle

Guest Speaker:
Matt Gallagher, Director of California Youth Empowerment Network, will be sharing a personal story of hope and inspiration.

Contact Employee Health and Wellness (916) 327-8570 for more information or email wellnessnews@cdcr.ca.gov



May 23, 2016

MENTAL HEALTH MATTERS DAY

Employee Health and Wellness cordially invites you to attend!

Employee Health and Wellness and Each Mind Matters has partnered together to recognize May is Mental Health Month. The Each Mind Matters Campaign raises awareness by using the symbol of the lime green ribbon. By showing your support, California is reducing the stigma associated with mental health problems so that people get the help they need when they need it.



Funded by the voter approved Mental Health Services Act (Prop 63)